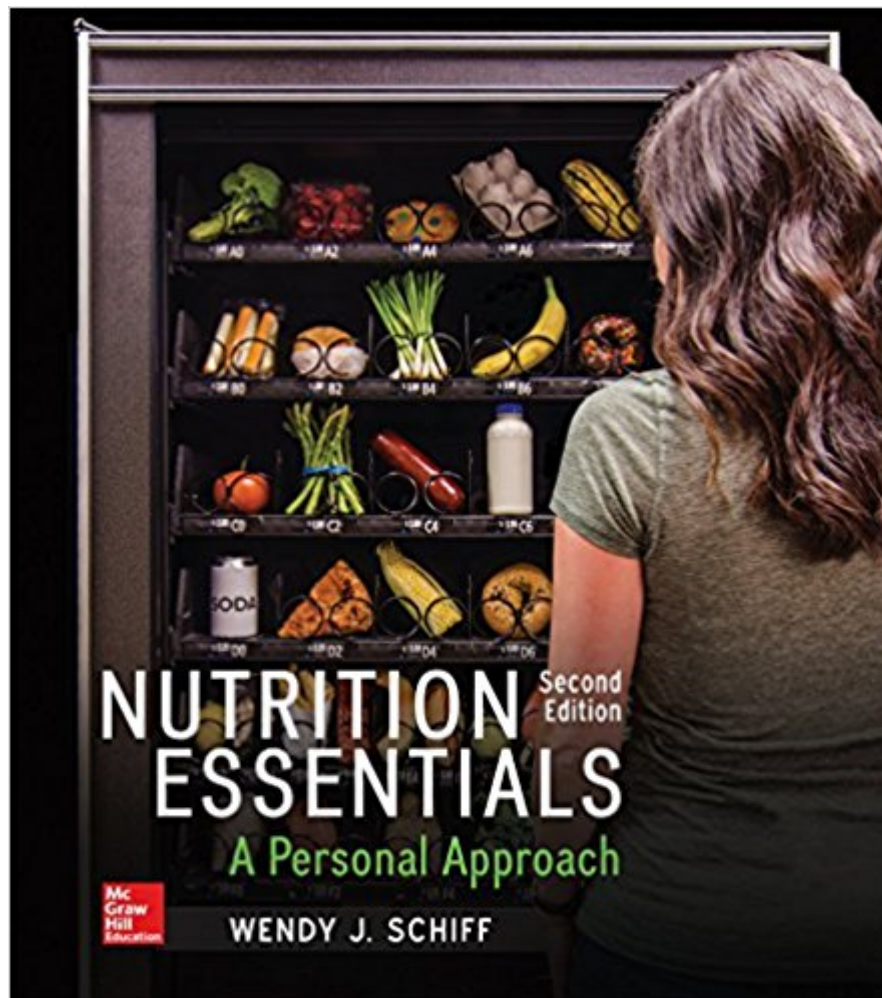




Ebook Directory
the best source of ebook

The book was found

Nutrition Essentials: A Personal Approach (Mosby Nutrition)



Synopsis

Nutrition Essentials: A Personal Approach is the nutrition book that is all about YOU! The personalized, consumer focus gives plenty of practical examples to help students learn about choosing foods and making decisions that are good for their health. The proven successful digital program including Connect, NutritionCalc Plus, LearnSmart and SmartBook gives students access to one of the most effective and successful adaptive learning resources available on the market today. Nutrition is more than vegetables. Find out how we're making it PERSONAL!

Book Information

Series: Mosby Nutrition

Paperback: 432 pages

Publisher: McGraw-Hill Education; 2 edition (February 13, 2017)

Language: English

ISBN-10: 1259706540

ISBN-13: 978-1259706547

Product Dimensions: 9.5 x 0.6 x 10.7 inches

Shipping Weight: 1.9 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #27,426 in Books (See Top 100 in Books) #44 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Nutrition #115 in Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Physiology #158 in Books > Medical Books > Basic Sciences > Physiology

Customer Reviews

Wendy J. Schiff MS, RDN received her BS in biological health/medical dietetics and MS in human nutrition from The Pennsylvania State University. She has taught introductory foods and nutrition courses at the University of Missouri "Columbia as well as nutrition, human biology, and personal health courses at St. Louis Community College "Meramec. She has worked as a public health nutritionist at the Allegheny County Health Department (Pittsburgh, Pennsylvania) and State Food and Nutrition Specialist for Missouri Extension at Lincoln University in Jefferson City, Missouri. In addition to authoring Nutrition for Healthy Living and Nutrition Essentials: A Personal Approach, Wendy has coauthored a college-level personal health textbook and authored many other nutrition-related educational materials. She is a registered dietitian nutritionist and a member of the Academy of Nutrition and Dietetics.

[Download to continue reading...](#)

Nutrition Essentials: A Personal Approach (Mosby Nutrition) Mosby's Essentials for Nursing Assistants (Sorrentino, Mosby's Essentials for Nursing Assistants) 4th (forth) edition Wardlaw's Contemporary Nutrition: A Functional Approach (Mosby Nutrition) Mosby's Essentials for Nursing Assistants - Text, Workbook and Mosby's Nursing Assistant Skills DVD - Student Version 3.0 Package, 4e Mosby's Essentials for Nursing Assistants - Text, Workbook and Mosby's Nursing Assistant Skills DVD - Student Version 4.0 Package, 5e Mosby's Essentials for Nursing Assistants - Text and Mosby's Nursing Assistant Video Skills: Student Online Version 4.0 (Access Code) Package, 5e Modern Essentials Bundle 6th - Modern Essentials 6th Edition a Contemporary Guide to the Therapeutic Use of Essential Oils, An Introduction to Modern Essentials, and Modern Essentials Reference Card Nutrition Essentials and Diet Therapy, 11e (Nutrition Essentials and Diet Therapy (Peckenpau)) Williams' Essentials of Nutrition and Diet Therapy, 10e (Williams' Essentials of Nutrition & Diet Therapy) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Nutrition Essentials: A Personal Approach Mosby's Textbook for Nursing Assistants - Hard Cover Version, 7e (Sorrentino, Mosby's Textbook of Nursing Assistant's) Mosby's Comprehensive Review of Radiography: The Complete Study Guide and Career Planner, 6e (Mosby's Complete Review of Radiography) Mosby's Review for the NBDE Part II, 2e (Mosby's Review for the Nbde: Part 2 (National Board Dental Examination)) Mosby's Comprehensive Review of Nursing for the NCLEX-RN® Examination, 20e (Mosby's Comprehensive Review of Nursing for Nclex-Rn) Mosby's Memoirs: The memoirs of Colonel John Singleton Mosby Cellular Physiology and Neurophysiology E-Book: Mosby Physiology Monograph Series (Mosby's Physiology Monograph) Mosby's Dental Drug Reference, 9e (Mosby's Dental Drug Consult) Mosby's 2007 Dental Drug Consult, 1e (Mosby's Dental Drug Consult) Mosby's Manual of Diagnostic and Laboratory Tests, 4e (Mosby's Manual of Diagnostic & Laboratory Tests)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)